

# M.I.K.O.

MUSTANGS. ISSUES. KNOWLEDGE. OPINION.

## Who We Are

WRITTEN BY **CAILA PRESTIDGE**

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The Newspaper students of this year have decided to re-brand our journalistic endeavors in an attempt to make our Newspaper more accessible and eye-catching. We have also created larger issues to provide more content in one sitting!

We have been thoroughly enjoying this year of Newspaper as a team, even amidst the challenges and changes it has brought. This year, we have five stellar students that make up our Newspaper staff.

**Caroline Skinner** is our Editor-in-Chief and loves animals and photography. *far left*

**Ashley Duggar** is our Assistant Editor-in-Chief and is passionate about educating our community and helping people smile more, as well as the language of Chinese. *second left*

**Scotty Owen** is our Sports Editor and truly enjoys fixing cars and learning about how steam trains work. *middle*

**TJ Young** is our Content Editor and one of our Content Writers and cares deeply about the entertainment and joy books can spread to communities, along with the messages they have. *second right*

**Caila Prestidge** is MIKO's Newspaper advisor and editor and cares deeply for helping students become effective communicators through passion driven coverage. *far right*

We are so excited to provide you with quality coverage and content as we explore the realities of our community and the world at large.





# MSA Sports are Back!

Despite the COVID setbacks in soccer and volleyball we are back with pride!

WRITTEN BY **CAROLINE SKINNER**

At this time MSA is still improving and getting better. MSA sports has always been a fun event to attend and see your friends playing with your teammates and going against other schools. MSA has always been a great school to play sports for because they communicate and always think positive. We have a great student fanbase that cheers for their favorite teams.

There's nothing more exciting than our star player scoring a winning goal. On the volleyball court our fans cheer on our players as they dig and spike to victory. Our student athletes give 110% every time they step on the field and play. They may not always win but they always make the school proud. They are proud of being a part of the MSA sports.

Setbacks with soccer and volleyball with COVID. Soccer and Volleyball were cancelled due to this virus that had come from China. For many of the MSA soccer and volleyball players it made them sad because they couldn't compete or even have a huge crowd watching them play competitively. If they wanted to practice playing soccer or volleyball they would have to do it by themselves because of the pandemic. For most MSA athletes this was the worst timing for them and for MSA.

Since the pandemic is still going on, it's not as bad as it was at the beginning for the MSA athletes. Soccer and Volleyball have been back this year and they had a decent size crowd of spectators to watch them as they played against other teams. For both sports the volleyball team had their last game a week ago against cottage and it was a great game. Unfortunately they lost but they are improving. For soccer it's been a tough road but they have positive attitudes and hopefully they win this year.



**Caroline Skinner** on MSA girl's volleyball team going against Cottage



MSA boys soccer team against Cottage



**Randall Robinson** MSA Bowler



# Halloween Party

By: Caroline Skinner

**At the Halloween Party there were games and the games included head shoulders cup, cornhole, and board games.**

The Halloween Party went off with a bang!

Halloween originated from a Celtic festival called Samhain. This time is for kids to enjoy trick or treating, candy, carving pumpkins, and wearing costumes. On October 31, kids walk around their neighborhood going door to door yelling trick or treating.

At MSA, the Upper school had a Halloween Party. Every year around Halloween we have some kind of Party for Halloween. Students get to dress up and wear their costumes to school. The school has a few classes and the rest of the day is the Halloween Party.



Teacher Caila Prestidge as Yzma

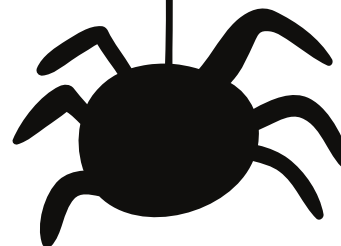


Scotty Owen from The Purge



Matthew White the Cheerleader

BOO!



# BULLYING NEEDS TO STOP

BY: ASHLEY DUGGER



People feel vulnerable or hopeless  
Source: *Observatory.tec.mx*

Bullying on all levels can affect people in many ways, and it needs to stop. In some cases bullying might be a part of growing up, but is it ok?

Bullying of any kind is terrible, from young ages to older. It's not ok if it's racial bullying, physical bullying, social bullying, or cyber-bullying. It affects a person mentally and physically, and can also affect someone so much that they may consider taking their own life. Sometimes people bully because of peer pressure or as a way to get attention. Some students also feel it will make them popular in some schools, but it doesn't make it right at all. Racial slurs are also very common (KidsHealth.org). Any form of bullying is not okay.

What is bullying? Bullying is when someone, anyone, is picked on for anything from one person or group of people. A bully might pick on someone more if they think someone doesn't fit in.

Whom can it affect? It can affect anyone from pre-k to adults.

When and where can it happen? It can happen anywhere at any time to anyone.

Why does it happen? It can happen because of how the child was raised, what is going on at home, if he or she was bullied, etc. (Violence.chop.edu).



The words from others get in the head.  
Source: *GenMindful.com*



# There is Hope and There is Help

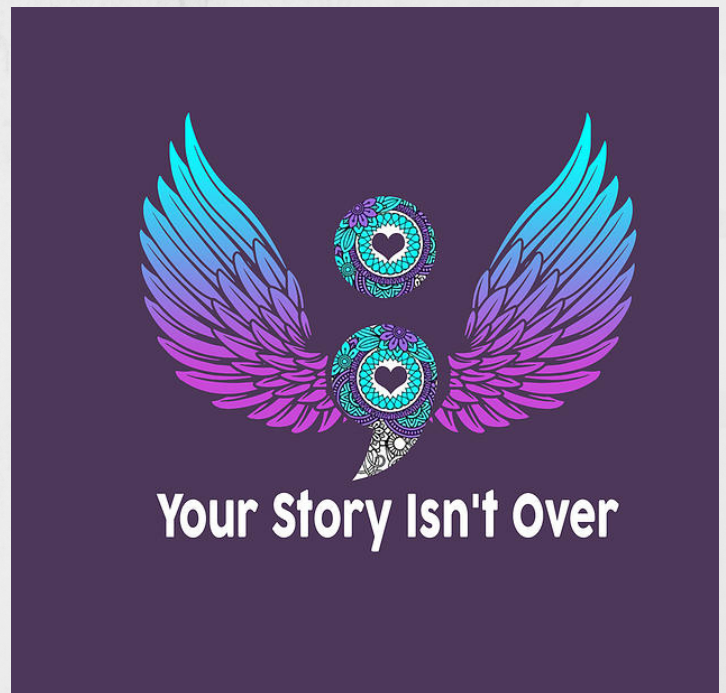
Tell someone before it gets worse. Suicide is caused by a number of things, including bullying, pre-existing mental conditions, etc.



Bring Peace and Spread Love *Fine Art America*

WRITTEN BY **TJ YOUNG**

There are all kinds of bullying that happen in the U.S., such as cyberbullying, physical bullying, verbal bullying, and more. But no matter what form of harassment is used, bullying can have a very deep impact on someone's psychological state. Cyberbullying is currently the most common form of bullying in 2021 (FirstSiteGuide.com). Cyberbullying can happen through Instagram dm's, toxic Twitter posts, and Snapchat stories. What people say on social media can affect the outcome of how the victims respond to their bullies.



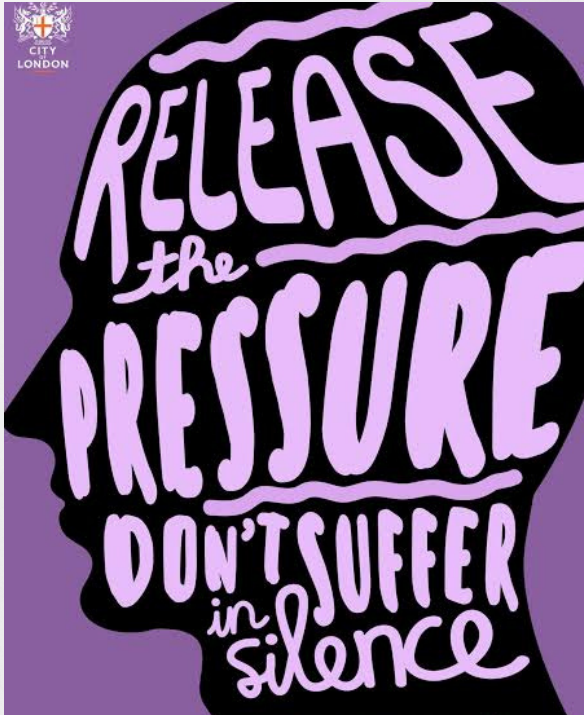
A Reason to Live *Pixels.com*

"Bullying can have significant mental, developmental, and social effects, which is why it is a public health concern." What people say, how people respond, and how bystanders react to bullying can and will have an impactful effect on people's psychological state. People already struggle with the mental depression that they are born with. But when bullying is incorporated into their lives, they begin to develop suicidal thoughts. Suicide doesn't only happen because of bullying, but also because of the mental trauma that people suffer because they're born with it.

Although bullying does play a big role in the suicide of people who go through psychological stress, I believe that it isn't the only reason for the upbringing of suicide rates. Mental disorders also play a key role in suicide rates as well. Some mental disorders that could lead to suicide are Bipolar Disorder, PTSD (Post-Traumatic Stress Disorder), Schizophrenia, Substance Abuse, and Mental mental disorders and social bullying affect each other in crucial ways. Mental illness throughout the Black Community and the LGBTQIA+ Community. These are only a few of the many kinds of traumas that people go through.

*You're not  
alone*





Don't Suffer In Silence DCMS Libraries

Suicide is caused by a variety of issues: bullying, mental depression, a lot more. Bullying affects a person's social life. Mental illness affects someone's emotional status, and how they perceive reality. Bullying can lead to Mental disorders, and lead one to suicidal thoughts. Suicide can also be caused by domestic violence because a person's home life is just as important as one's social life.

PTSD is usually brought upon through people who go through traumatic experiences, such as veterans who have suffered from military experiences. Bipolar Disorder is a mental illness that shifts the mood, emotions, energy, and the ability to carry out everyday tasks (save.org). Mental illness throughout the Black and LGBT communities is not uncommon seeing as both have been experiencing prejudice in the form of racism, homophobia, transphobia, and more since the 1600s, and 1900s. Drug addiction is usually used to make one feel better. It doesn't only lead to mental illness, but emotional problems as well; making you cut out people you hold most dear to you in your life. I think that it's the hardest to get over because of the fact that it's an addiction.



Tell Someone Before It's Too Late  
Youth Dynamics



More Power In Numbers  
SSW.com





# CHILD ABUSE NEEDS TO STOP

WRITTEN BY: **CAROLINE SKINNER**

Child abuse is unhealthy for children and has bad reactions. Depending on the type of abuse will differ the effects made on a child. "A neglectful mother may not feed her baby properly, which can slow brain development, or an emotionally abusive father may damage his child's ability to form trusting relationships" (American Psychological Association).

Child abuse is aimed towards children but can be seen in Teens. Child abuse happens anywhere at anytime. It could happen in public or in private but tends to happen in private. Sometimes kids will act up and be abused because of that. Depending on the different types of the abuse that happens might change why someone is being abused.

"Abused or neglected children can see the world as an unstable, frightening and dangerous place, which can undermine their sense of self-worth and their ability to cope with and adapt to their environments as they grow up. If unaddressed, maltreatment may contribute to later problems, such alcoholism/substance abuse, depression, domestic violence, multiple sexual partners and exposure to sexually transmitted diseases, suicidal thoughts and attempts" (American Psychological Association).



**Stop child abuse!**

*ISPCAN.org*



**This is not ok!**

*Children-Laws.com*

Child abuse continues everyday and needs to be stopped. If child abuse continues to go on it might go to far. If child abuse is happening to someone near you take action and help them right away. The person who is abused might need to go to a Therapist or doctor. Children might be scared to go to someone about being abused. If you see bruises and scrapes it might be abuse.

In the future they will have more problems. Child abuse is a serious crime and you could be arrested for child abuse. Children have the right to report abuse to an adult or a trusted adult. It's always better to tell someone then keeping it in for years. Therefore child abuse has a big effect on kids.



**This should not be done!**

*VeryWellFamily.com*



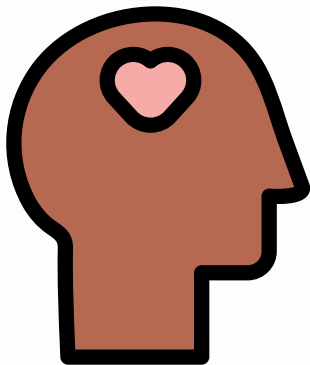
# MENTAL DISORDERS ARE RISING

WHY ARE THEY RISING, WHO ARE THEY AFFECTING, WHAT IS THE CAUSE OF THE RISE?

by: Ashley Dugger

## MY GOAL FOR THIS ARTICLE

My goal for this article is to inform people more about disorders. Mental illness is rising, in adults, teens, and children for many reasons and causes. In this article, I discuss mental illnesses, the many reasons people have them or getting them, what is the cause, what could happen if they don't get help, and why this should be let out in our world. I also explain how we can help people in our community or in our world with it.



Mental illness is silent.

Source: *Medium.com*

## How Does Mental Illness Affect Others?

Children and teens, 10-19, are the ages it affects. Half of all mental health conditions start by the age of 14 or younger, but most cases are undetected and untreated. Depression is one of the leading causes of illness and disabilities among all people in the world. Suicide is the fourth leading cause of death in the world from the ages 15-19 years old or older. Why is it these ages? There are many reasons why: emotional disorders commonly develop during childhood and beyond and are added to depression or anxiety. It could affect children and adults by causing extreme frustration or anger. Some symptoms can overlap with other symptoms that can occur with an emotional disorder that has rapid unexpected mood changes and emotional outbursts.

For children, it might be physical symptoms like stomach aches, headaches, and nausea. Among the ages of 10-19 years of age, emotional disorders can affect a student in areas like school work, school attendance, social withdrawals, isolation, and loneliness. At its very worse, if it is not treated, it could lead to suicide.





Fighting the pain inside and out around.

SOURCE: *Fathership.co*

## CONCLUSION

There are many reasons why mental health happens to people, and many different causes of it. It could be how they were raised, what happened at home, bullying, social media, communication on the phone, being adopted, having trauma of any type, family death etc. Anything can cause it, but the ages it affects and how it affects people need to be helped because if we don't help the people that need help with mental health we could have many deaths of children and adults or lives ruined because of those people not letting their voice out about having mental health issues. Suicide, self-harm, and risk-taking behaviors is the 3rd leading death cause of in younger childhood and adult death if mental health isn't helped.



Eating disorders are commonly developed in young adulthood and up. It affects females more than men. Symptoms can include anorexia nervosa, bulimia nervosa, and binge eating. Eating disorders are characterized as harmful eating behaviors like restricting calories or binge eating. Eating disorders can be caused by depression or anxiety.

There is light out but dark with in.

SOURCE: *Inprnt.com*





# Pollution Could be the Destruction of Our Planet



**Pollution affects water, air, and land in all negative ways, and it is the world's most dangerous threat.**

WRITTEN BY **TJ YOUNG**

Most pollution comes from factories and motor vehicles.

There has been a massive amount of success in cleaning up pollution since the 1970s, but air pollution continues to harm the health of people and the environment. It doesn't only affect the environment, but it also contaminates human and marine life. The pollution that comes from the factories and motor vehicles also gets into the atmosphere and traps the heat energy coming from the sun, which causes a threat to human life (EPA.gov).

There are many types of pollutants. Air pollution is probably the most dangerous. Air pollution has been around since the 1900s, and anything that involves gases going into the air can contribute to air pollution. Air pollution usually comes from home cooking, motor vehicles, smoke from factories, and more. The health-threatening effects of air pollution are heart disease, lung cancer, and emphysema. It can also leave long-term effects on specific organs, like the brain, liver, nervous system. It's even been suspected that it could even cause birth defects (National Geographic Society).

Soil contamination is one of the biggest effects of both air pollution and water pollution. "By definition, any substance in the soil that exceeds naturally-occurring levels and poses human health risks is a soil contaminant" (Soil Science Society of America). The biggest causes for soil contamination are local waste disposal, industrial dumping, excessive use of pesticides and fertilizer. Soil contamination usually happens in urban areas. Some of the effects of soil contamination are the increasing risk of leukemia, kidney damage, liver problems, and changes in the central nervous system (Soil Science Society of America).



**The decay of our world is caused by the dangers of pollution.**

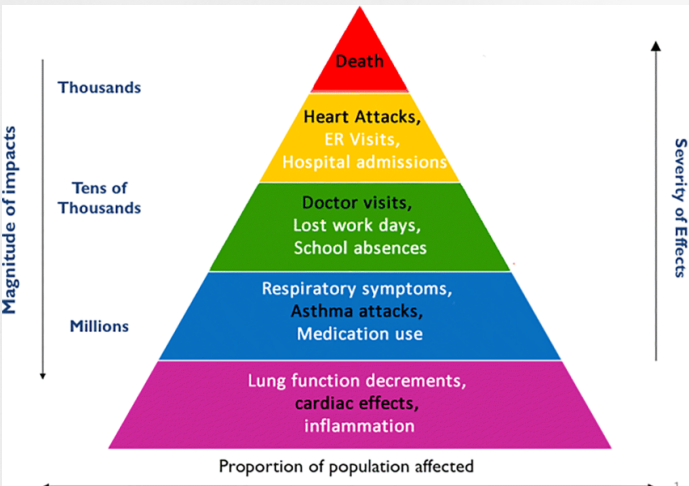
*WorldAtlas*



Water pollution is just as dangerous as air pollution. Water pollution has started in the 1800s, but the effects started to kick in during the 1900s (HISTORY.com). The hazardous plastic that doesn't get recycled usually gets washed up on beaches. That type of contamination is not only an inconvenience to people but also a danger to marine life. It also affects the plant life down in the deep.

Water pollution comes from a variety of places. Pollution from factories can enter the water through pipelines, and a number of other places. Although, agriculture is really the main cause of water pollution. Water pollution usually has to do with rivers and streams. Water pollution can also come from improper sewage disposal, chemical waste dumping, and fertilizer run-off (Nova Biologicals).

Air pollution and water pollution are two of the most dangerous pollutions out there. They both affect plant life, animal life, and human life. Pollutants can get into the water supply through pipelines and sewage systems; air pollution can get into the atmosphere through motor vehicles and contaminated smoke from factories. They both can cause soil contamination, and they're both destroying not only the environment but the entire planet as well.



**The health problems that pollution has on the human body is more crucial than you think.**

*ResearchGate*



**Water Pollution in Romania is increasing at a dangerous and rapid rate.**

*HISTORY.com*



# PROS AND CONS OF ELECTRIC CARS

WRITTEN BY: **SCOTTY OWEN**

There are different views on electric cars.

There has always been a question for people if they should buy an electric car or stay with the gas powered cars. The good news about electric cars is that you don't have to pay for charging your car. The bad news is that when you buy an electric car you can't drive as far if you're going on a trip cause there might not be any places to recharge your electric car.

Electric cars have benefited people that buy electric cars because they are new and that everyone in the world wants the newer technology. The massive 300-550 kg battery packs that go into electric cars are probably the most important part because the battery pack is made of lithium-ion batteries. The first successful electric cars were made in the 1890's when William Morrison had made an electric car/wagon that went 14 miles per hour but it helped spark interest in electric cars. Early electric cars were an ideal alternative to combustion and steam engines. Early electric cars found a lucrative market, particularly for use in driving around in cities. Globally, Asia-Pacific has been capturing the largest share in the electric motors for electric cars, vehicles market owing to high EV sales majority from China (Car and Driver).

Electric vehicles are not worth it because of the high cost for when you buy an electric car. The cost of these cars are more expensive than normal gas powered cars because the batteries are more expensive because of the parts that it takes to make an electric car. Another reason why electric cars are not worth it is the range of the car. For example, Tesla had made electric cars with only 300 miles on it and that may seem a lot of miles but in reality it's not. Electric cars are not good for the environment because, if the battery powered engines break or even rust up there is no disposal for those items maybe in the future as if right now there is not. These cars will be the future car because of electric power and might be cheaper as well but still they are expensive because of the new gadgets and other items which make them unique in a way (Car and Driver).



**Electric cars have their own charging station.**

In conclusion, Electric cars are not useful at the moment but in the future they will be useful. People who make electric cars are still developing the cars into something better but will they be better? The answer is no because these cars will probably be hacked in the future and someone could control it and crash it into someone else's car. Electric cars, sure they save you from paying gas because they don't run on gas but their range of distance will not go far because they don't hold enough charge. The last point to why electric cars aren't useful is that if your car breaks down and you need a new battery powered engine, you're kinda not thinking about how much they cost to buy a new one and to install one.



**Sports car companies are changing to the electric side.**

*AutoDaily.com.au*



**Electric cars have new designs but only a few models.**

*BeFirstRank.com*





WRITTEN BY **TJ YOUNG**

The MCU stands for the Marvel Cinematic Universe. The movies and shows from the MCU are based on the Marvel comics, and there are more than 4,000 comic runs and even more Marvel characters. The potential of these movies is near-infinite depending on the characters and storylines they use.

There are four parts of the MCU called Phases: Phase One: 2008-2012, Phase Two: 2013 - 2015, Phase Three: 2016 - 2019, Phase Four: 2020 - 2022. We are currently in Phase Four.

Many movies are coming up in Phase Four of Marvel in which many are excited to see. One of the many movies, that will alter the flow of the MCU, is the Eternals. The plot of the movie will focus on the history of how the Eternals were created, and who created them; the Celestials. In the comics, the Eternals are created through experiments by the Celestials, which are interdimensional god-like beings who come to Earth and experiment on humans during their early evolutionary stages. And the result of those experiments were 3 races: the Deviants, the Mutants, and The Eternals.

Another movie that many are hyped about to see is Shang Chi and the Legend of the Ten Rings. "Marvel is beginning to tease Shang-Chi is the real beginning of the MCU's Phase 4 - not Black Widow. It's a wise new approach for Marvel" (ScreenRant).

The plot of this movie will focus on Shang Chi confronting his past and battling the villainous organization known as the Ten Rings. This movie has already gained up a lot of hype since the trailer has shown the return of a fan-favorite character: Abomination. Abomination hasn't been seen since 2008 in the Hulk movie, and many fans are excited to see him fighting against Wong from the Doctor Strange franchise.



**Enter a subjective reality.**

Source: TheDirect.com



# What to Expect in 2021 - 2022:

And last, but not least, Spider-Man: No Way Home. Spider-Man: No Way Home is probably the most anticipated movie out of all of the movies coming out in the MCU in the upcoming years for Marvel. Following the events of Spider-Man: Far From Home, Peter Parker is framed for the death of Mysterio, and his secret identity has been exposed. With almost the entire world turned against him, he seeks the help of Dr. Strange. Wanting things to go back to the way they were, he asks Strange to cast a spell that would make the world forget his secret identity. However, this plan goes mystically awry; tearing the fabric of reality as we know it, and opening up gateways to other worlds that could lead to catastrophic events. This movie will most likely be having connections to another coming out in 2022, Doctor Strange in the Multiverse of Madness.

There're numerous shows that are being released into the MCU that many are anxious to see. Although some, having already been released onto Disney+, like WandaVision, Loki, and What If...?, many fans are still waiting for shows like She-Hulk, Moon Knight, Hawkeye, Ms. Marvel, Secret Invasion, Armor Wars, and many, many more.

Loki and WandaVision have already set the tone for the multiverse in the MCU. And because the multiverse has been introduced, it's assumed that this will open the door for a lot more characters to come into the fold.

Several characters have already been confirmed, such as Ironheart (for Black Panther: Wakanda Forever), Ms. Marvel (for Ms. Marvel), Kate Bishop (for Hawkeye), Ms. America (for Doctor Strange in the Multiverse of Madness), She-Hulk (for She-Hulk), and so much more to see in this upcoming Phase Four of Marvel.



**Time is an illusion**

*TheHinduBusinessline.com*



**Friendly Neighborhood Spiderman**

*Source:*



# Bathroom Debacle!

## Bathroom vandalism needs to stop!

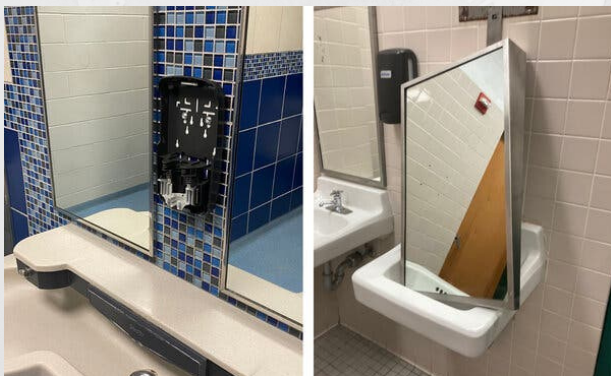
WRITTEN BY **CAROLINE SKINNER**

Vandalizing the bathrooms caused lots of problems with the bathrooms.

At the start of September 2021, the MSA high school boys bathroom was vandalized as a response to the Tik Tok challenge, "the devious lick." In this challenge, students record themselves vandalizing school property in order to get more views and likes -- the more complex or damaging, the better.

Students of MSA responded to the act, and more specifically the consequences in response to the vandalism, very strongly. Like senior **Scotty Owen** said, "I think they will [close] the bathrooms for good and not let anyone use those bathrooms." If this happens we will have more problems on our hands.

Some schools have resorted to using porta potties as Mill Springs is not the only school that was experiencing bathroom vandalism. People were doing this for Tik Tok, which makes no sense. If this continues to happen everyone might get affected, even if they didn't do anything. This will cause problems with the kids using bathrooms.



This affects many people across the USA.  
*NYTimes.com*

When asked what he would deem as an appropriate solution, MSA senior **James Winn** said, "My solution would be to have an actual investigation or like just stop replacing things and punish the one person instead of punishing everyone."

The bathroom vandalism caused more people to have problems than just the boys. The girls have gotten affected as well because of the people doing this. The girls got their bathroom door taken off as well. The first time they did something to the bathrooms it affected Upper, Preupper, and Commarts because they run on the same septic tank. It caused everyone to have to go on field trips up the hill so use the bathrooms. An anonymous interviewee said "Personally, I would say it can kind of make me feel uncomfortable because of the fact that the girls have done barely anything besides the phone policy. Other than that, I feel like we still should have the right to have our doors."

This will hopefully stop so it doesn't affect anyone anymore. In the future we could get the bathrooms taken away completely. This would be causing big problems for everyone. "At the end of the day, we should all be respectful of the community bathrooms that we all have to use," said a peer. In the future, other rules may be implicated.



This is all because of one app!  
*Downdetector.com*

